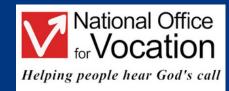


Dear Lord, You gave us the example of The Holy Family, so that we can be guided by their virtues. As we come together as a family to eat, may our time and conversations be of love, joy, peace, patience, humility, kindness and forgiveness. We give thanks for every member of our family who you have created. As a family, let us respond to Your call and Your will.

We give thanks for the food we are about to receive and pray for those who struggle at this

time for the main necessities of life. We make this prayer through the intercession of Jesus, Mary and Joseph, Your Holy Family.

Amen.



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