

STUDENT WORKBOOK

Name			
Class			

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Important Information

Welcome to your Vocations Module Workbook. Inside you will find everything you need to complete the module; each lesson has a task and an extended piece of writing. You will find the final assessment in Lesson 7, and this will draw together everything you have learnt throughout the module. There is also a separate section for notes at the back to write down any thoughts that might come up.

The module is there to also help you **discern** your life and think about the major decisions that you may encounter moving forward. Everybody makes decisions daily, no matter how big or small, and some decisions take more time. This module will help you think about those decisions, giving you time to think, pray and talk to others around you that you can trust, to help guide you.

Key terms will be outlined in each lesson to develop your understanding.

Within the module you will come across some abbreviations that are linked to Church Documents. To help you we have put together a guide for you here:

Abreviations		
AL CCC CV EG FC GE LE PV RCIA ESV	Amoris Lateitia Catechism of the Catholic Church Christus Vivit Evangelii Gaudium Familiaris Consortio Gaudete et Exsultate Laborem Exercens Pastores Dabo Vobis Rite of Christian Initiation of Adults English Standard Revised Version (Bible Translation)	

There are links to helpful websites at the end of the module which you can go for further reading.

In each lesson the is section for you to 'write some notes' which allows you to write down anything you feel relevant from the lesson that is delivered or from your class discussions.

Lesson 1: Vocation & Discernment & Single Life

Opening Prayer:

God our Father,

Thank you for calling us all to take part in your plan for our world.

Send us your Holy Spirit to open our hearts to you,

and to our brothers and sisters whom you have created.

Enlighten our minds, that we may discern the path we should follow.

Give us courage to live a life that gives glory to you and brings joy to our lives.

We ask this through Jesus your Son,

Amen.

- To understand that we are ALL called by God to contribute in a positive and life-giving way to his divine plan for the world.
- To understand what DISCERNMENT is and how to DISCERN our own lives.
- To understand the many ways God can call us to live our life, and that we can choose how to serve him and our world.
- To understand that through Baptism we are anointed Priest, Prophet and King.

The word "vocation" can be understood in a broad	
sense as a calling from God, including the call to	
life, the call to friendship with him, the call to	
holiness, and so forth.	
CV 248	



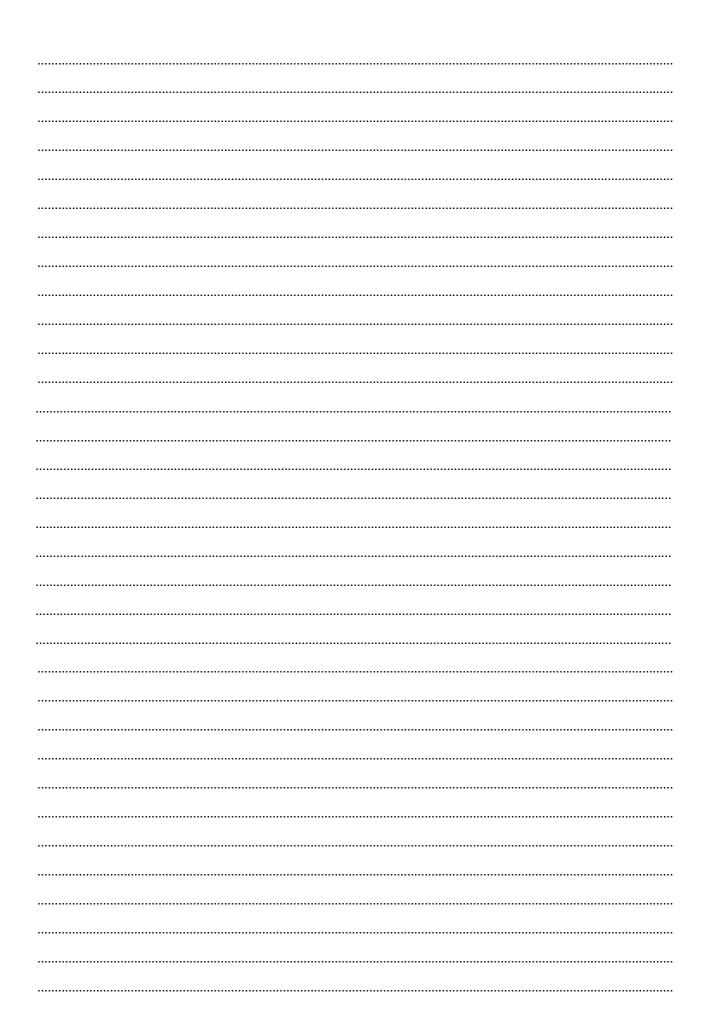
Prayer:	
"Prayer is the raising of one's mind and heart to	
God or the requesting of good things from God."	
St John Damascene CCC 2559.	
	borders, no limits: he
	sends us everywhere".
	sends us everywhere". CV 177
	•
	•
	•
	•
	•
	CV 177

Discernment:	
Discernment is necessary not only at	
extraordinary times, when we need to	
resolve grave problems and make crucial	
decisions. It is a means of spiritual combat	
for helping us to follow the Lord more	
faithfully. We need it at all times, to help us	
recognize God's timetable, lest we fail to	
heed the promptings of his grace and	
disregard his invitation to grow. GE 169	
	innate vocation of every human being"
	FC 11
Let the grace of your baptism bear	
fruit in a path of holiness.	
GE 15	

		'Those who are single, even if not
		by their own choice, can offer a
		•
		particular witness to that vocation
		through their own path of personal
		growth'. CV 267
'He predestined us for adoption as sons		
through Jesus Christ, according to the		
purpose of his will'		
Ephesians 5:1 ESV		
	•••••	
		The meadactimed we have adoution as
		He predestined us for adoption as
		sons through Jesus Christ, according
		to the purpose of his will'
		Ephesians 5:1 ESV

Extended writing task:

1. Does God call everyone?
a. Discuss this question with reference to the universal call to holiness.
b. Where might God be calling you to as we begin this module?



Lesson 2 - The Call to Serve

The greatest among you shall be your servant. (Matt 23:11)

Opening Prayer:

Almighty God,
We come to you today with hearts wide open so that we can listen to your call.
We pray that you will lead and guide us in the plans you have for us.
Help us to respond to your call in our daily lives, and better our communities through our actions, which we pray leads us to holiness.
We make this prayer through Christ, our Lord.
Amen

- To understand where God is calling us to in the immediate future.
- To understand that this third stage of our vocation may change.
 To identify different places God can put us in so that we fulfil our daily mission.

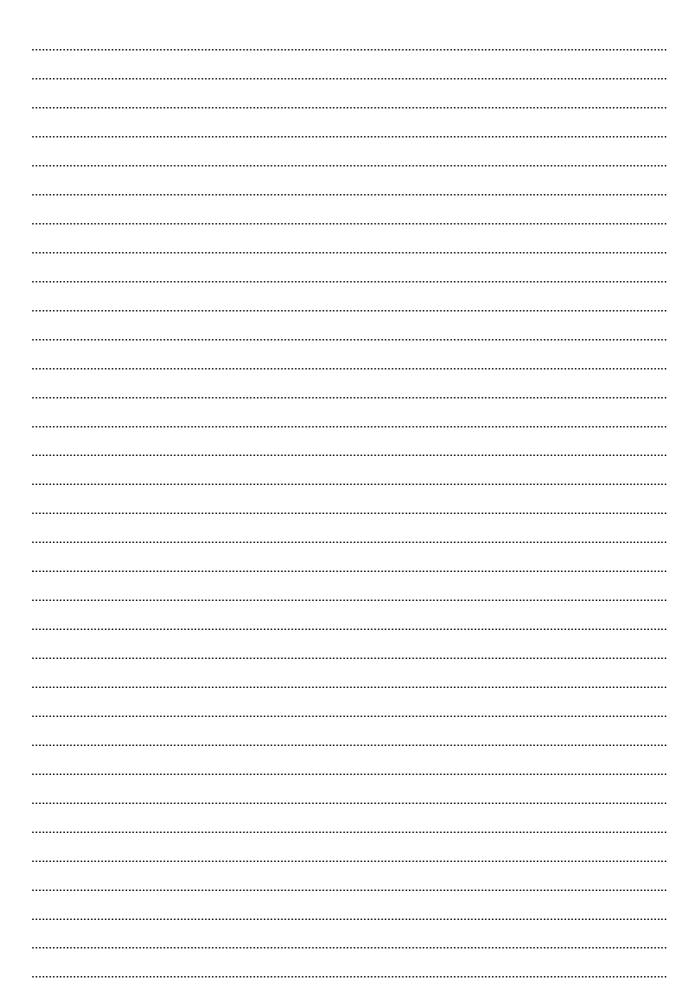
"Business is a vocation, and a noble	
vocation, provided that those engaged in it	
see themselves challenged by a greater	
meaning in life; this will enable them truly	
to serve the common good by striving to	
increase the goods of this world and to	
make them more accessible to all". EG 203	

	··· The Lord God took the man and put him in
	the garden of Eden to work it and keep it'.
	((zenesis /·/h)
	(Genesis 2:15)
The Church finds in the very first pages of	(Genesis 2:15)
The Church finds in the very first pages of the Book of Genesis the source of her	(Genesis 2:15)
the Book of Genesis the source of her	(Genesis 2:15)
the Book of Genesis the source of her conviction that work is a fundamental	(Genesis 2:15)
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Corporal and Spiritual Works of Mercy

The corporal and spiritual works of mercy continue in our own day to be proof of mercy's immense positive influence as a social value. Mercy impels us to roll up our sleeves and set about restoring dignity to millions of people; they are our brothers and sisters who, with us, are called to build a "city which is reliable." Misericordia et misera 18

Corporal Works of Mercy	Spiritual Works of Mercy
To feed the hungry	Admonish the sinner
To give drink to the thirsty	Instruct the ignorant
To clothe the naked	Counsel the doubtful
To visit the imprisoned	Comfort the sorrowful
To shelter the homeless	Bear wrongs patiently
To visit the sick	Forgive all injuries
To bury the dead	Pray for the living and the dead
"A bit of mercy makes the world less cold and more just"	
Pope Francis, Angelus Prayer 17th March 2013	



Debate:

This house believes that the laity (a person not ordained or a consecrated religious) are called to carry out the Corporal Works of Mercy more frequently than the Spiritual Works of Mercy.

Split the group into two and have one argue for the case and one argue against.

Write your notes below.

Lesson 3 - Marriage

Opening Prayer:

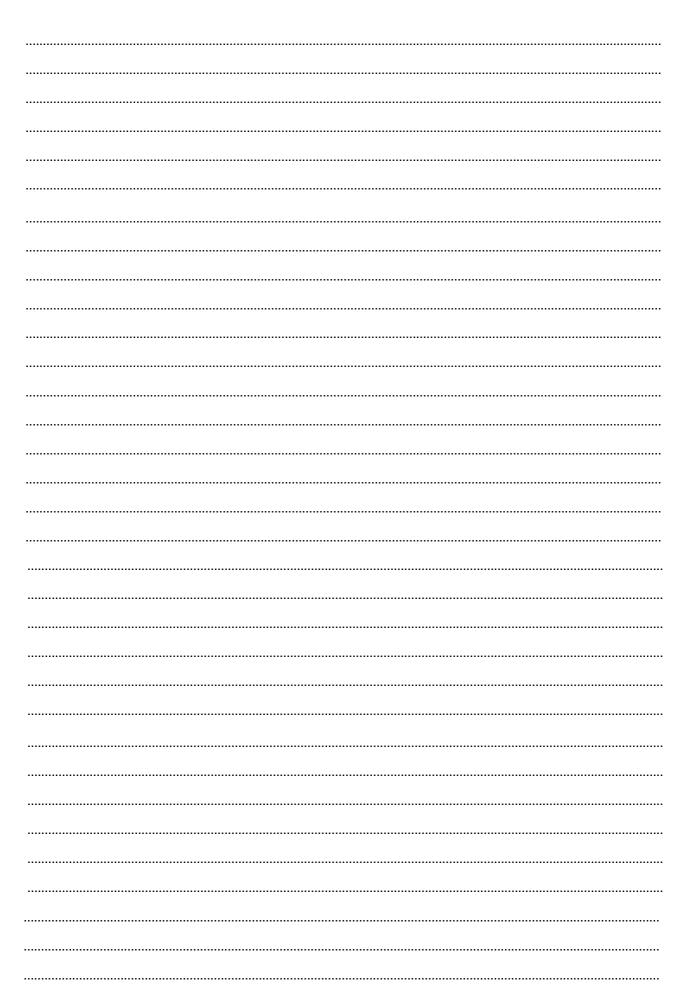
God our Father,
we pray in thanksgiving for the vocation to marriage
and for each couple that you join together in order to make a family.
We ask that every marriage brings each couple closer to you and closer to holiness.
We pray for those who are struggling in their relationships at present,
that they can make it through this tough time and support each other.
We make this prayer through Christ, your Son, our Lord.
Amen.

- To understand that marriage is a vocation.
- To understand why people get married.
- To explore the call to love as the central part of marriage, which is at the heart of the vocation.

'God who created man out of love also calls	
him to love the fundamental and innate	
vocation of every human being'.	
CCC 1604	
	Therefore, a man shall leave his father
	and his mother and hold fast to his wife,
	and they shall become one flesh'.
	Gen 2:24

Married life is a process of growth, in which	
each spouse is God's means of helping the	
other to mature Fostering growth means	
helping a person to shape his or her own	
identity. Love is thus a kind of	
craftsmanshipAt every new stage, they	
can keep "forming" one another. Love	
makes each wait for the other with the	
patience of a craftsman, a patience which	
comes from God. AL 221	
·	
'Christian marriage in its turn becomes an	
efficacious sign, the sacrament of the	
covenant of Christ and the Church. Since it	
signifies and communicates grace, marriage	
between baptized persons is a true	
sacrament of the New Covenant'. CCC	
1617	
	"Marriage to be sure is not instituted solely
	for procreation" but also that mutual love
	"might be properly expressed, that it should
	grow and mature"
	AL 125

Love and honour each other as long as you	
both shall live.'	
The Order of Celebrating Matrimony #60	
Extended writing task:	
	. 1:6
A Catholic marriage should be life long, op explain which one you think is most import	en to life and exclusive. Discuss each of these and tant and why
······	



Lesson 4 - Holy Orders

Opening Prayer:

God our Father,
We pray in thanksgiving for our deacons, priests, and bishops.
We ask that you guide them in their work for the Church and give them a deep faith that they may inspire us and those who are discerning the vocation to Holy Orders.
We pray for an increase in vocations to the priesthood, that those called will answer and serve you.
We make this prayer through Christ, our Lord.
Amen.

- To understand the difference between deacons, priests, and bishops.
- To explore why men become priests.
- To understand the day-to-day role of a priest.

Deacon:	
	'Today the word "ordination" is
	reserved for the sacramental act which
	integrates a man into the order of
	bishops, presbyters, or deacons'
	CCC 1538
·	

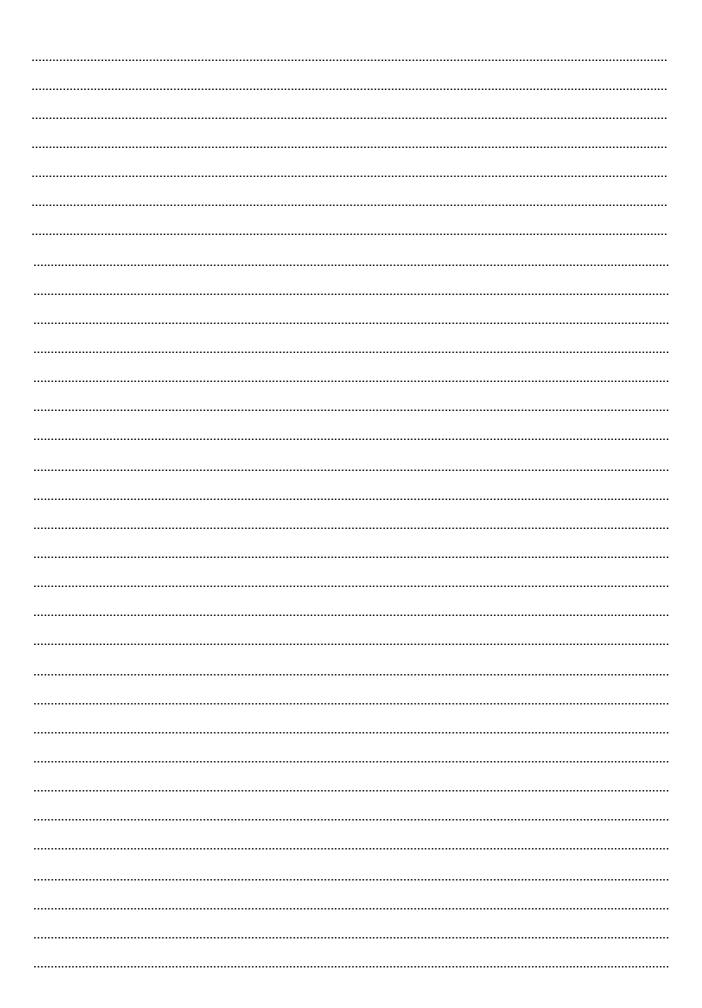
	Deacons receive the strength to serve the people of God in the diaconia of liturgy, word and charity, in communion with the bishop and his
	presbyterate'.
Priesthood:	
'In the ecclesial service of the ordained	
minister, it is Christ himself who is	
present to his Church as Head of his	
Body, Shepherd of his flock, high priest	
of the redemptive sacrifice, Teacher of	
Truth. This is what the Church means by	
saying that the priest, by virtue of the	
sacrament of Holy Orders, acts	
in persona Christi Capitis' CCC 1548	
	"To live in the seminary, which is a
	school of the Gospel, means to follow
	Christ as the apostles did. You are led by
	Christ into the service of God the Father
	and of all people, under the guidance of
	the Holy Spirit. PV 42

Bishop:	
Just as "by the Lord's institution,	
St. Peter and the rest of the apostles	
St. Peter and the rest of the apostles constitute a single apostolic college, so in	
St. Peter and the rest of the apostles constitute a single apostolic college, so in like fashion the Roman Pontiff, Peter's	
St. Peter and the rest of the apostles constitute a single apostolic college, so in like fashion the Roman Pontiff, Peter's successor, and the bishops, the successors	
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St. Peter and the rest of the apostles constitute a single apostolic college, so in like fashion the Roman Pontiff, Peter's successor, and the bishops, the successors of the apostles, are related with and united	
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Extended writing task:

Think about a particular saint that you know who lived their life as a bishop, priest or deacon and write down why they inspire you.

Think of a particular deacon, priest or bishop (perhaps one that visits the school) and write down why they might inspire you.	



Lesson 5 - Consecrated Religious Life

Opening Prayer:

Heavenly Father,
we thank you for your providence in calling many men and women
to consecrate their lives to you,
and to undivided service of their brothers and sisters.
Bless them for their self-offering.
Help them be steadfast in witnessing to your kingdom.
May the face of your Son, Jesus our Lord, shine through them,
and may your Holy Spirit animate them,
that your name may be glorified and the Good News
may be proclaimed, making disciples of all nations.
We ask this through Christ Our Lord,
Amen.

- Understand what it means to be a consecrated religious.
- Identify the different kinds of religious life and their congregations.
- Explore how to become a consecrated religious.

'The state of consecrated life is thus one	
way of experiencing a "more intimate"	
consecration, rooted in Baptism and	
dedicated totally to God'. CCC 916	

The life consecrated to God is characterized
 by the public profession of the evangelical
 counsels of poverty, chastity, and obedience,
in a stable state of life recognized by the
 Church'. CCC 944

Task:

- 1. Refer back to your notes on the three vows:
 - Poverty
 - Chastity
 - Obedience

Explain what each of these mean in the context of Religious Life and write down in your opinion which you think you would find the most difficult to live out?	
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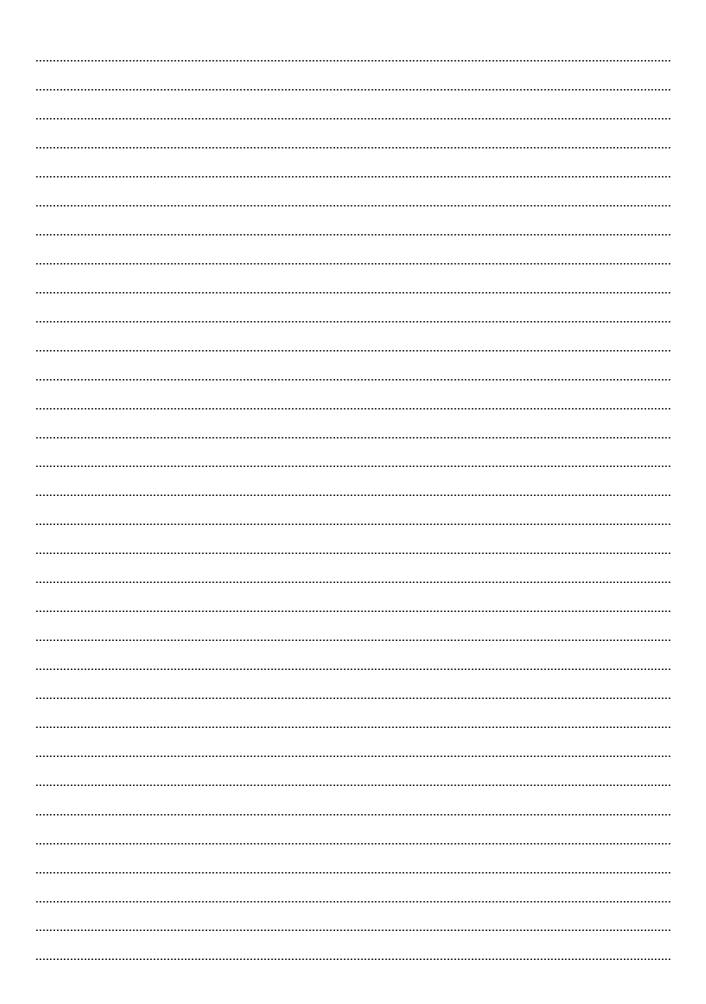
- 2. You will be split into three groups and you will focus on the 3 different types of Religious Life:
 - Contemplative/Monastic
 - Apostolic
 - Missionary

Each group will present back with an advert as to why people should join their way of life looking at the core mission of that way of life and the challenges which help develop each person.	

Lesson 6 - Guest Speaker and Assessment Preparation

In this lesson you are going to hear from a guest speaker, positively living out God's call, showing fidelity to the Churches teaching.

Whilst you listen to the talk, use the space below to write down some notes and key points from your guest speakers testimony and any questions you might want to ask them.	



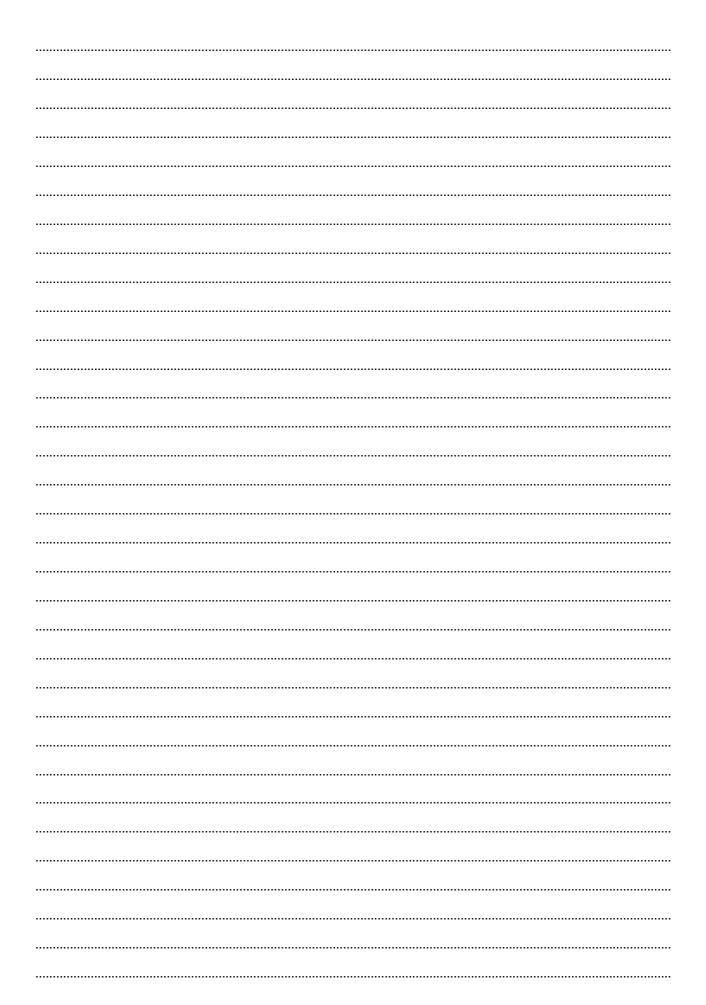
Lesson 7 - Final Assessment

All states of life are equally important within the Church and build a life of discipleship for each individual. Evaluate.

In your answer you should:

- Define key terms.
- Discuss the different states of life and why they are important.

 Argue which state of life you think is most important and discuss why someone might not agree with this.



Glossary

Baptism: First Sacrament of Initiation, giving a share in the divine life of God and cleanses us from Original Sin.

Catholic: meaning "universal".

Church: all the people who, through Baptism have become part of the Body of Christ.

Discernment: to work out what to do in the light of prayer and reflection. The root of the word means 'sifting' which means to sort out, and in this context, it is to sort out what God's plan is for you.

Discipleship: imitating the example of Christ and living a life pleasing to God.

Eucharist: representing Jesus' sacrifice on the cross. Truly the body and blood, soul and divinity of Jesus Christ.

Grace: supernatural help from god that leads to conversion and assists in the avoidance of sin and the pursuit to holiness.

Holiness: state of Christian perfection and one which all are called to, relying on God's grace and mercy.

Holy Spirit: the proper name of the one whom we adore and glorify with the Father and the Son. The Church has received this name from the Lord and professes it in the Baptism of her new children (CCC 691).

In persona Christi Capitis: Latin for "in the person of Christ the head", a role which is given by way of virtue at Ordination of bishops and priests, to celebrate the Sacraments.

Jesus Christ: the second person of the Holy Trinity, God's only begotten Son.

Original Sin: the first sin committed by Adam and Eve, which passed down, overcome by the graces of Baptism.

Sacrament: the sacraments are perceptible signs (words and actions) accessible to our human nature. By the action of Christ and the power of the Holy Spirit they make present efficaciously the grace that they signify (CCC 1084).

Trinity: central mystery of Christian faith and life. The belief that the Father, Son and Holy Spirit are three distinct persons, one God sharing a single divine nature.

Vocation: from the Latin word 'Vocare' which means to 'call' and we are ALL called by God in different ways.

Further reading and useful websites

National Office for Vocation: www.ukvocation.org

UK Priest: <u>www.ukpriest.org</u>

Papal Encyclicals: www.papalencyclicals.net/

Catechism of the Catholic Church: www.vatican.va/archive/ENG0015/ INDEX.HTM

Further Notes

