

morning Prayer



& vespers

Morning and Evening Prayer of the Church
Youth 2000 Summer Festival 2022

 National Office
for Vocation
Helping people hear God's call



Prayer of the Church

The Prayer of the Church is sometimes called The Divine Office. This is the official liturgical prayer of the church, along with the mass. when we pray it, we join our minds, hearts, and prayer to that of Jesus and we pray the same prayers as our brothers and sisters all over the world. Priests are obliged to pray these prayers, and many deacons, consecrated men and women, and lay faithful all over the world pray these prayers regularly too. The prayers are the psalms that have been used for hundreds (thousands) of years, by Christians since the beginnings of the Church, and even before Jesus- by the Hebrew people of the old testament. Jesus would have prayed the psalms during his life here on earth. The prayers and readings accompany us throughout the liturgical seasons of the year and are accompanied by related readings and intercessions. As Christians, we have all been baptised, Priest, Prophet and King. The fact of use being baptised into the priesthood of Christ, enables us to address God with confidence in prayers of thanksgiving, praise, sacrifice and intercession.

Why is it good to pray the Prayer of the Church?

There are many reasons to pray the prayer of the Church, most of all because it unites us in a special way to the prayer of Jesus and his universal church. Another reason is because it reminds us that we are all one body in Christ. We are not alone, and we are saved as a people of God. We are called to support one another through sharing our gifts and burdens. This is how to be holy. To be holy is to be like God, and God is never selfish, he cannot think of himself. To be holy means to think of our brothers and sisters all over the world; to pray for the living and the dead, this is the “communion of saints”.

The psalms sometimes make us say words we do not mean. Some



of the psalms talk about violence, or horrible things, and other times the psalms make us say we are joyful and thankful when we do not feel that way. This is important, because our prayer is giving voice to our human condition, we are praying as part of the body of Christ, as part of the people of God, liturgical prayer is not all about you or me, it is about us. When we pray, we participate in this reality that is so much bigger than ourselves.

When we pray the Prayer of the Church out-loud in community or with friends or other members of the church, we learn an important lesson. We learn to listen. We learn to modify our rhythm, our volume, (sometimes our tune if we are singing), to fit into the rhythm, volume or tune of others.

This can take practice, but the practice of listening to what others are saying and to modify ourselves to suit everybody else takes our attention away from ourselves and focuses us on community. We are a community of equals in the sight of God, and praying this way helps us practice the deeper truth of what we are: one body in Christ. It is not necessary to pray all the hours of the Prayer of the Church, start with what you feel comfortable with. You can find free apps for your phone or purchase an abbreviated form of book... or the whole three volumes if you wish! Perhaps begin with morning and night prayer.

Friday 26 August 2022

Friday of week 21 in Ordinary Time
or Blessed Dominic of the Mother of God
(Dominic Barberi), Priest

Vespers

Vespers (Evening Prayer)

O God, come to our aid.
O Lord, make haste to help us.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen. Alleluia.

Hymn

When God made man, he gave him all the earth,
All growing things, with every bird and beast;
Then Adam named them at the Lord's command,
Subdued the greatest of them, and the least.

In his own image God created man,
And when from dust he fashioned Adam's face,
The likeness of his only Son was formed:
His Word incarnate, filled with truth and grace.

To God the Father and to Christ his Son
And blessed Spirit heaven and earth give praise.
Creation with tremendous voice cries out:
All holy is the mighty Lord of Days.

Stanbrook Abbey Hymnal

Psalm 40 (41)

Prayer in time of sickness

Lord, heal my soul, for I have sinned against you.

Happy the man who considers the poor and the weak. *
The Lord will save him in the day of evil,
will guard him, give him life, make him happy in the land *
and will not give him up to the will of his foes.
The Lord will help him on his bed of pain, *
he will bring him back from sickness to health.

As for me, I said: 'Lord, have mercy on me, *
heal my soul for I have sinned against you.'
My foes are speaking evil against me. *
'How long before he dies and his name is forgotten?'
They come to visit me and speak empty words, *
their hearts full of malice, they spread it abroad.

My enemies whisper together against me. *
They all weigh up the evil which is on me.
'Some deadly thing has fastened upon him, *
he will not rise again from where he lies.'
Thus even my friend, in whom I trusted, *
who ate my bread, has turned against me.

But you, O Lord, have mercy on me. *
Let me rise once more and I will repay them.
By this I shall know that you are my friend, *
if my foes do not shout in triumph over me.
If you uphold me I shall be unharmed *
and set in your presence for evermore.

Blessed be the Lord, the God of Israel *
from age to age. Amen. Amen.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Lord, heal my soul, for I have sinned against you.

Psalm 45 (46)

God, our refuge and our strength

The Lord of hosts is with us; the God of Jacob is our stronghold.

Gód is for ús a réfuge and stréngth, *
a hélpér close at hánd, in tíme of dístréss,
so wé shall not féar thóugh the éarth should róck, *
thóugh the móuntains fáll into the dépths of the séa;
even thóugh its wátér ráge and fóam, *
even thóugh the móuntains be sháken by its wáves.

The Lórd of hósts is wíth us: *
the Gód of Jácob is our stróngthold.

The wátér of a ríver gíve jóy to God's cíty, *
the hóly pláce where the Móst High dwélls.
Gód is wíthín, it cánnót be sháken; *
Gód wíll hélp it at the dáwning of the dáy.
Nátions are in túmult, kíngdoms are sháken: *
he lífts his vóice, the éarth shrícks awáy.

The Lórd of hósts is wíth us: *
the Gód of Jácob is our stróngthold.

Cóme, consíder the wórks of the Lórd, *
the redóutable déeds he has dóne on the éarth.
He puts an énd to wárs over áll the éarth; †
the bów he bréaks, the spéar he snáps. *
He búrns the shíelds wíth fíre.
'Be stíll and knów that Í am Gód, *
supréme among the nátions, supréme on the éarth!'

The Lórd of hósts is wíth us: *
the Gód of Jácob is our stróngthold.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end.
Amen.

The Lord of hosts is with us; the God of Jacob is our stronghold.

Canticle: Apocalypse 15
A hymn of adoration

All the peoples will come and adore you, Lord.

Great and wonderful are your deeds, *
O Lord God the Almighty!
Just and true are your ways, *
O King of the ages!

Who shall not fear and glorify your name, O Lord? *
For you alone are holy.
All nations shall come and worship you, *
for your judgements have been revealed.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

All the peoples will come and adore you, Lord.

Short Reading
Romans 15:1-3

We who are strong have a duty to put up with the qualms of the weak without thinking of ourselves. Each of us should think of his neighbours and help them to become stronger Christians. Christ did not think of himself: the words of scripture apply to him – the insults of those who insult you fall on me.

Short Responsory

Christ loved us and has washed away our sins with his blood.
– *Christ loved us and has washed away our sins with his blood.*

He has made us a line of kings, priests to serve God.

– *Christ loved us and has washed away our sins with his blood.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *Christ loved us and has washed away our sins with his blood.*

Canticle: Magnificat
My soul rejoices in the Lord

The Lord has come to help us, his servants: he has remembered his mercy.

My soul glórífies the Lórd, *
my spirit rejóices in Gód, my Sáviour.
He looks on his sérvant in her lówliness; *
henceforth all áges will cáll me bléssed.

The Almíghty works márvels for me. *
Hóly his náme!
His mércy is from age to áge, *
on thóse who féar him.

He púts forth his árm in stréngth *
and scátters the proud-héarted.
He casts the míghty from their thrónes *
and ráises the lówly.

He fills the stárving with good thínghs, *
sends the rích away émpthy.

He protects Ísrael, his sérvant, *
remémbering his mércy,
the mércy prómised to our fáthers, *
to Ábraham and his sóns for éver.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be,
world without end. Amen.

The Lord has come to help us, his servants: he has remembered his mercy.

Prayers and intercessions

God is our loving Father, who cares for us and knows all our needs. With confidence we pray:

– *Father, may we find rest in your love.*

Christ, your Son, suffered and died for the Church;
be with all Christians who are suffering tonight.

– *Father, may we find rest in your love.*

Bring to the sick your comfort and healing;
strengthen them through the victory of Calvary.

– *Father, may we find rest in your love.*

Be near to us, almighty Father,
for you alone can save us from the evils that threaten us.

– *Father, may we find rest in your love.*

Strengthen us in the hour of death:
let us know your peace.

– *Father, may we find rest in your love.*

Bring the dead into your light:
comfort them with your presence.

– *Father, may we find rest in your love.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Lord God,

teach us the lessons of your Son's Passion,
and so enable us, your people,
to bear the yoke he makes light for us.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us
to everlasting life.
Amen.

Saturday 27 August 2022

Saturday of week 21 Ordinary Time

Saint Monica

Morning Prayer (Lauds)

Lauds

O God, come to our aid.
O Lord, make haste to help us.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen. Alleluia.

Hymn

All hail the power of Jesus' name;
Let Angels prostrate fall;
Bring forth the royal diadem
To crown him Lord of all.

Crown him, ye Martyrs of your God,
Who from his altar call;
Praise him whose way of pain ye trod,
And crown him Lord of all.

Hail him, ye heirs of David's line,
Whom David Lord did call;
The God Incarnate, Man Divine,
And crown him Lord of all.

Let every tribe and every tongue
To him their hearts enthral,
Lift high the universal song,
And crown him Lord of all.

Psalm 118 (119): 145-152

My eyes watch for you before dawn.

I call with all my heart; Lord, hear me, *
I will keep your commands.
I call upon you, save me *
and I will do your will.

I rise before dawn and cry for help, *
I hope in your word.
My eyes watch through the night *
to ponder your promise.

In your love hear my voice, O Lord; *
give me life by your decrees.
Those who harm me unjustly draw near; *
they are far from your law.

But you, O Lord, are close, *
your commands are truth.
Long have I known that your will *
is established for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end.

Amen.

My eyes watch for you before dawn.

Canticle: Exodus 15
Hymn of victory after crossing the
Red Sea

The Lord is my strength, I will sing his praise: he is my salvation.

I will sing to the Lord, glorious his triumph! *
Horse and rider he has thrown into the sea!

The Lord is my strength, my song, my salvation. †
This is my God and I extol him, *
my father's God and I give him praise.
The Lord is a warrior! *
'The Lord' is his name.

The chariots of Pharaoh he hurled into the sea.
At the breath of your anger the waters piled high; *
the moving waters stood up like a dam.
The deeps turned solid in the midst of the sea.

The enemy said: 'I will pursue and overtake them, †
I will divide the plunder, I shall have my will. *
I will draw my sword, my hand shall destroy them.'

You blew with your breath, the sea closed over them. *
They went down like lead into the mighty waters.
Who is like you among the gods, O Lord, †
who is like you, so glorious in holiness, *
spreading fear through your deeds, you who do
marvels?

You stretched forth your hand, *
the earth engulfed them;
your love has guided the people you redeemed, *
your power has led them to your holy dwelling-place.

You will lead them and plant them on your mountain, †
the place, O Lord, where you have made your home, *
the sanctuary, Lord, which your hands have made.
The Lord will reign *
for ever and ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Lord is my strength, I will sing his praise: he is my salvation.

Psalm 116 (117)
Praise of the merciful Lord

O praise the Lord, all you nations. †

O práise the Lórd, all you nátions, *
accláim him all you péoples!

Stróng is his lóve for ús; *
he is fáithful for éver.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

O praise the Lord, all you nations.

Short Reading
Romans 12:1-2

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

Short Responsory

God is her help; she will not be moved.
– *God is her help; she will not be moved.*

The Lord is with her.
– *God is her help; she will not be moved.*

Glory be to the Father and to the Son and to the Holy Spirit.
– *God is her help; she will not be moved.*

Canticle: Benedictus

You listened to her, O Lord; and did not despise those tears of hers which moistened the earth wherever she prayed.

Bléssed be the Lórd, the Gód of Ísrael! *
He has vísited his péople and redéemed them.

He has raised úp for ús a mighty sáviour *
in the hóuse of Dávid his sérvant,
as he prómised by the líps of holy mén, *
thóse who were his próphets from of óld.

A sáviour who would frée us from our fóes, *
from the hánds of áll who háte us.
So his lóve for our fáthers is fulfilled *
and his hóly covenant remébered.

He swóre to Ábraham our fáther to gránt us, *
that frée from féar, and sáved from the hánds of our fóes,
we might sérve him in hóliness and jústice *
all the dáys of our lífe in his présence.

As for yóu, little chíld, *
you shall be cálléd a próphet of Gód, the Most Hígh.
You shall go ahéad of the Lórd *
to prépare his wáys befóre him,

To make known to his people their salvation *
through forgiveness of all their sins,
the loving-kindness of the heart of our God *
who visits us like the dawn from on high.

He will give light to those in darkness, †
those who dwell in the shadow of death, *
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*You listened to her, O Lord; and did not despise those
tears of hers which moistened the earth wherever she
prayed.*

Prayers and intercessions

With all the holy women let us praise our Saviour and call
on him in prayer.

– *Come, Lord Jesus.*

Lord Jesus, you said of the woman who was a sinner, 'Her
many sins are forgiven, because she has loved much';
grant us your forgiveness for our many sins.

– *Come, Lord Jesus.*

Lord Jesus, women ministered to your needs on your
saving journeys;

open our eyes to see you in those who need our help.

– *Come, Lord Jesus.*

Lord and master, Mary listened to your teaching and
Martha did the serving;

may our faith grow ever deeper and our love go out to
others.

– *Come, Lord Jesus.*

Lord Jesus, you called those who do God's will your
brother and sister and mother;
teach us to live as members of your family.
– *Come, Lord Jesus.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

God our Father, comforter of the sorrowful,
you accepted Saint Monica's offering of tears
for the conversion of her son, Augustine.
Help us, by their intercession,
to be truly contrite for our sins
so that we may receive the grace of your forgiveness.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us
to everlasting life.
Amen.

Mass

Entrance Antiphon

Cf. Prov 31:30,28

The woman who fears the Lord will herself be praised.
Her children have called her most blessed,
her husband has sung her praises.

Or:

Cf. Prov 31: 20, 27

She reaches out her hands to the needy
and extends her arms to the poor.
She did not eat her food in idleness.

Collect

O God, who console the sorrowful
and who mercifully accepted
the motherly tears of Saint Monica
for the conversion of her son Augustine,
grant us, through the intercession of them both,
that we may bitterly regret our sins
and find the grace of your pardon.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.

Readings for Saturday

There is a choice today between the readings for the Saturday and those for the memorial. The Saturday readings are recommended unless pastoral reasons suggest otherwise.

**First reading: 1 Corinthians
1:26-31**

Take yourselves for instance, brothers, at the time when you were called: how many of you were wise in the ordinary sense of the word, how many were influential people, or came from noble families? No, it was to shame the wise that God chose what is foolish by human reckoning, and to shame what is strong that he chose what is weak by human reckoning; those whom the world thinks common and contemptible are the ones that God has chosen – those who are nothing at all to show up those who are everything. The human race has nothing to boast about to God, but you, God has made members of Christ Jesus and by God's doing he has become our wisdom, and our virtue, and our holiness, and our freedom. As scripture says: if anyone wants to boast, let him boast about the Lord.

**Responsorial Psalm
Psalm 32 (33) :12-13, 18-21**

Happy the people the Lord has chosen as his own.

They are happy, whose God is the Lord,
the people he has chosen as his own.
From the heavens the Lord looks forth,
he sees all the children of men.

Happy the people the Lord has chosen as his own.

The Lord looks on those who revere him,
on those who hope in his love,
to rescue their souls from death,
to keep them alive in famine.

Happy the people the Lord has chosen as his own.

Our soul is waiting for the Lord.
The Lord is our help and our shield.
In him do our hearts find joy.
We trust in his holy name.

Happy the people the Lord has chosen as his own.

Gospel Acclamation: Ph2:15-16

Alleluia, alleluia!

You will shine in the world like bright stars
because you are offering it the word of life.
Alleluia!

Or:

Jn13:34

Alleluia, alleluia!

I give you a new commandment:
love one another just as I have loved you,
says the Lord.
Alleluia!

Gospel: Matthew 25:14-30

Jesus spoke this parable to his disciples: 'The kingdom of Heaven is like a man on his way abroad who summoned his servants and entrusted his property to them. To one he gave five talents, to another two, to a third one; each in proportion to his ability. Then he set out.

'The man who had received the five talents promptly went and traded with them and made five more. The man who had received two made two more in the same way. But the man who had received one went off and dug a hole in the ground and hid his master's money.

'Now a long time after, the master of those servants came back and went through his accounts with them. The man who had received the five talents came forward bringing five more. "Sir," he said "you entrusted me with five talents; here are five more that I have made."

'His master said to him, "Well done, good and faithful servant; you have shown you can be faithful in small things, I will trust you with greater; come and join in your master's happiness."

'Next the man with the two talents came forward. "Sir," he said "you entrusted me with two talents; here are two more that I have made." His master said to him, "Well done, good and faithful servant; you have shown you can be faithful in small things, I will trust you with greater; come and join in your master's happiness."

'Last came forward the man who had the one talent. "Sir," said he "I had heard you were a hard man, reaping where you have not sown and gathering where you have not scattered; so I was afraid, and I went off and hid your talent in the ground. Here it is; it was yours, you have it back." But his master answered him, "You wicked and lazy servant! So you knew that I reap where I have not sown and gather where I have not scattered? Well then, you should have deposited my money with the bankers, and on my return I would have recovered my capital with interest. So now, take the talent from him and give it to the man who has the five talents. For to everyone who has will be given more, and he will have more than enough; but from the man who has not, even what he has will be taken away. As for this good-for-nothing servant, throw him out into the dark, where there will be weeping and grinding of teeth."

Prayer over the Offerings

We bring you these sacrificial gifts, O Lord,
to commemorate blessed N.,
humbly entreating
that they may bestow on us both pardon and salvation.
Through Christ our Lord.

Communion Antiphon: Cf. Mt13:45-46

The Kingdom of Heaven is like a merchant
who travels in search of fine pearls
and who, on finding one of great price,
sold everything and bought it.

Prayer after Communion

May the working of this divine Sacrament
enlighten and inflame us, almighty God,
on this feast day of blessed N.,
that we may be ever fervent with holy desires
and abound in good works.
Through Christ our Lord.

Saturday 27 August 2022

Saint Monica

Saturday of week 21 in Ordinary Time

(First Vespers of tomorrow, 22nd Sunday Ordinary Time)

Vespers (Evening Prayer)

Vespers

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Bless'd be the Lord our God!

With joy let heaven ring;

Before his presence let all earth

Its songs of homage bring!

His mighty deeds be told;

His majesty be praised;

To God, enthroned in heavenly light,

Let every voice be raised!

All that has life and breath,

Give thanks with heartfelt songs!

To him let all creation sing

To whom all praise belongs!

Acclaim the Father's love,

Who gave us God his Son;

Praise too the Spirit, given by both,

With both for ever one!

James Quinn SJ

Psalm 118 (119): 105-112

Your word is a lamp for my steps, Lord. Alleluia.

Your wórd is a lámp for my stéps *
and a líght for my páth.
I have swórn and have máde up my mínd *
to obéy your decrées.

Lórd, I am déeplý afflícted; *
by your wórd give me life.
Accépt, Lord, the hómage of my líps *
and téach me your decrées.

Though I cárry my life in my hánds, *
I reméber your láw.
Though the wícked trý to ensnáre me, *
I do not stráy from your précepts.

Your wíll is my héritage for éver, *
the jóy of my héart.
I sét myself to cárry out your wíll *
in fúllness, for éver.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Your word is a lamp for my steps, Lord. Alleluia.

Psalm 15 (16)

O Lord, you will show me the fullness of joy in your presence. Alleluia.

Presérve me, Gód, I take réfuge in yóu. †
I sáy to the Lórd: 'Yóu are my Gód. *
My háppiness líes in yóu alóne.'

He has pút into my héart a márvellous lóve *
for the fáithful ónes who dwéll in his lánd.
Those who chóose other góds increáse their sórrrows. †
Néver will I óffer their ófferings of blóod. *
Néver will I táke their náme upon my líps.

O Lórd, it is yóu who are my pórtion and cúp; *
it is yóu yoursélf who áre my príze.
The lót marked óut for me is mý delíght: *
welcome indéed the héritage that fálls to mé!

I will bléss the Lórd who gíves me cóunsel, *
who éven at níght dirécts my héart.
I kéeep the Lórd ever ín my síght: *
since hé is at my ríght hand, Í shall stand firm.

And so my héart rejóices, my sóul is glád; *
éven my bódy shall rést in sáfety.
For yóu will not léave my sóul among the déad, *
nor lét your belóved knów decáy.

You will shów me the páth of lífe, †
the fúllness of jóy in your présence, *
at your ríght hand háppiness for éver.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

O Lord, you will show me the fullness of joy in your presence. Alleluia.

Canticle: Philippians 2

Let every creature, in heaven and on earth, bend the knee at the name of Jesus. Alleluia.

Though he was in the form of God, *

Jesus did not count equality with God a thing to be grasped.

He emptied himself, †
taking the form of a servant, *
being born in the likeness of men.

And being found in human form, †
he humbled himself and became obedient unto death, *
even death on a cross.

Therefore God has highly exalted him *
and bestowed on him the name which is above every
name,

That at the name of Jesus every knee should bow, *
in heaven and on earth and under the earth,

And every tongue confess that Jesus Christ is Lord, *
to the glory of God the Father.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Let every creature, in heaven and on earth, bend the knee
at the name of Jesus. Alleluia.*

Short Reading: Colossians 1:2-6

Grace and peace to you from God our Father. We have never failed to remember you in our prayers and to give thanks for you to God, the Father of our Lord Jesus Christ, ever since we heard about your faith in Christ Jesus and the love that you show towards all the saints because of the hope which is stored up for you in heaven. It is only recently that you heard of this, when it was announced in the message of the truth. The Good News which has reached you is spreading and bearing fruit all over the world.

Short Responsory

From the rising of the sun to its setting, great is the name of the Lord.

– From the rising of the sun to its setting, great is the name of the Lord.

High above the heavens is his glory.

– From the rising of the sun to its setting, great is the name of the Lord.

Glory be to the Father and to the Son and to the Holy Spirit.

– From the rising of the sun to its setting, great is the name of the Lord.

Canticle: Magnificat

When someone invites you to a wedding feast, make your way to the lowest place and sit there, so that, when your host comes, he may say, 'My friend, move up higher.' In that way, everyone with you at the table will see you honoured. (Year C)

Or:

What does it profit a man if he gains the whole world but suffers the loss of his own soul?

My soul glórífies the Lórd, *
my spirit rejóices in Gód, my Sáviour.
He looks on his sérvant in her lówliness; *
henceforth all áges will cáll me bléssed.

The Almíghty works márvels for me. *
Hóly his náme!
His mércy is from age to áge, *
on thóse who féar him.

He púts forth his árm in strángth *
and scátters the proud-héarted.
He casts the míghty from their thrónes *
and ráises the lówly.

He fills the stárving with good thínghs, *

sends the rich away empty.

He protects Ísrael, his sérvant, *
remémbering his mércy,
the mércy prómised to our fáthers, *
to Ábraham and his sóns for éver.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

When someone invites you to a wedding feast, make your way to the lowest place and sit there, so that, when your host comes, he may say, 'My friend, move up higher.' In that way, everyone with you at the table will see you honoured. (Year C)

Or:

What does it profit a man if he gains the whole world but suffers the loss of his own soul?

Prayers and intercessions

God our Father leads us forward with great love towards the joyful day when we enter his rest.

– *Our hope is all in you, Lord God.*

Father, we pray for N., our Pope, and N., our bishop:
guide them and bless them in their work.

– *Our hope is all in you, Lord God.*

Help the sick to share their sufferings with Christ:
may they know in him the fullness of life and love.

– *Our hope is all in you, Lord God.*

Lord, you found nowhere to lay your head:
make us aware of the needs of the homeless today.

– *Our hope is all in you, Lord God.*

Bless those who work on the land:
may we receive the fruits of the earth with thankfulness.
– *Our hope is all in you, Lord God.*

Father, have mercy on those who have died in the peace
of Christ:
receive them into the home you have prepared for
them.
– *Our hope is all in you, Lord God.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Father of might and power,
every good and perfect gift
comes down to us from you.
Implant in our hearts the love of your name,
increase our zeal for your service,
nourish what is good in us
and tend it with watchful care.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us
to everlasting life.
Amen.

Sunday 28 August 2022

22nd Sunday in Ordinary Time

Morning Prayer (Lauds)

Lauds

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be, world
without end. Amen. Alleluia.

Hymn

I bind unto myself today

The strong name of the Trinity,

By invocation of the same,

The Three in One, and One in Three.

I bind unto myself today

The power of God to hold and lead,

His eye to watch, his might to stay,

His ear to hearken to my need,

The wisdom of my God to teach,

His hand to guide, his shield to ward;

The word of God to give me speech,

His heavenly host to be my guard.

I bind unto myself the name,

The strong name of the Trinity;

By invocation of the same,

The Three in One, and One in Three –

Of whom all nature hath creation;

Eternal Father, Spirit, Word:

Praise to the Lord of my salvation:

Salvation is of Christ the Lord.

Psalm 117 (118)

*Blessed is he who comes in the name of the Lord.
Alleluia.*

Give thanks to the Lórd for he is góod, *
for his lóve endures for éver.

Let the sóns of Ísrael sáy: *
'His lóve endures for éver.'

Let the sóns of Áaron sáy: *
'His lóve endures for éver.'

Let thóse who fear the Lórd sáy: *
'His lóve endures for éver.'

I cálléd to the Lórd in my distréss; *
he ánswered and fréed me.

The Lórd is at my síde; I do not féar. *
What can mán do agáinst me?

The Lórd is at my síde as my hélper; *
I shall look dówn on my fóes.

It is bétter to take réfuge in the Lórd *
than to trúst in mén;

it is bétter to take réfuge in the Lórd *
than to trúst in prínces.

The nátions áll encómpassed me; *
in the Lórd's name I crúshed them.

They cómpassed me, cómpassed me abóut; *
in the Lórd's name I crúshed them.

They cómpassed me abóut like bées; †
they blázed like a fire among thórns. *
In the Lórd's name I crúshed them.

I was hárd-préssed and was fálling, *
but the Lórd came to hélp me.

The Lórd is my stréngth and my sóng; *
hé is my sáviour.

There are shóuts of jóy and víctory *
in the ténts of the júst.

The Lórd's right hánd has tríumphed; †

his right hand raised me. *
The Lórd's right hánd has tríumphed;
I shall not díe, I shall líve *
and recóunt his déeds.
I was púnished, I was púnished by the Lórd, *
but nót doomed to díe.

Ópen to mé the gates of hóliness: *
I will énter and give thánks.
This is the Lórd's own gáte *
where the júst may énter.
I will thánk you for yóu have ánswered *
and yóu are my sáviour.

The stóne which the búilders rejécted *
has becóme the córner stone.
Thís is the wórk of the Lórd, *
a márvel in our éyes.
Thís day was máde by the Lórd; *
we rejóice and are glád.

O Lórd, gránt us salvátion; *
O Lórd, grant succéss.
Bléssed in the náme of the Lórd *
is hé who cómes.
We bléss you from the hóuse of the Lórd; *
the Lord Gód is our líght.

Go fóward in procéssion with bránches *
éven to the áltar.
Yóu are my Gód, I thánk you. *
My Gód, I práise you.
Give thánks to the Lórd for he is góod; *
for his lóve endures for éver.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

*Blessed is he who comes in the name of the Lord.
Alleluia.*

Canticle: Daniel 3:52-57

Let us sing a hymn to our God. Alleluia.

You are blest, Lord God of our fathers. *
To you glory and praise for evermore.

Blest your glorious holy name. *
To you glory and praise for evermore.

You are blest in the temple of your glory. *
To you glory and praise for evermore.

You are blest who gaze into the depths. *
To you glory and praise for evermore.

You are blest in the firmament of heaven. *
To you glory and praise for evermore.

You who walk on the wings of the wind. *
To you glory and praise for evermore.

May they bless you, the saints and the angels. *
To you glory and praise for evermore.

From the heavens, the earth and the sea. *
To you glory and praise for evermore.

You are blest, Lord God of our fathers. *
To you glory and praise for evermore.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Let us sing a hymn to our God. Alleluia.

Psalm 150

Praise the Lord for his surpassing greatness. Alleluia.

Práise Gód in his hóly pláce, *
práise him in his míghty héavens.
Práise him for his pówerful déeds, *
práise his surpássing gréatness.

O práise him with sóund of trúmpet, *
práise him with lúte and hárp.
Práise him with tímbrél and dánce, *
práise him with stríngs and pípes.

O práise him with resóunding cýmbals, *
práise him with cláshing of cýmbals.
Let éverything that líves and that bréathes *
give práise to the Lórd.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Praise the Lord for his surpassing greatness. Alleluia.

Short Reading: Ezekiel 36:25-27

I shall pour clean water over you and you will be cleansed; I shall cleanse you of all your defilement and all your idols. I shall give you a new heart, and put a new spirit in you; I shall remove the heart of stone from your bodies and give you a heart of flesh instead. I shall put my spirit in you, and make you keep my laws and sincerely respect my observances.

Short Responsory

We give thanks to you, O God, and call upon your name.

– *We give thanks to you, O God, and call upon your name.*

We recount your wonderful deeds.

– *We give thanks to you, O God, and call upon your name.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *We give thanks to you, O God, and call upon your name.*

Canticle: Benedictus

Everyone who exalts himself will be humbled, and the man who humbles himself will be exalted. (Year C)

Or:

Listen, and understand these traditions which the Lord has given to you.

Bléssed be the Lórd, the Gód of Ísrael! *

He has visited his péople and redéemed them.

He has raised úp for ús a mighty sáviour *

in the hóuse of Dávid his sérvant,
as he prómised by the líps of holy mén, *
thóse who were his próphets from of óld.

A sáviour who would frée us from our fóes, *

from the hánds of áll who háte us.
So his lóve for our fáthers is fulfilled *
and his hóly covenant remébered.

He swóre to Ábraham our fáther to gránt us, *

that frée from féar, and sáved from the hánds of our fóes,
we might sérve him in hóliness and jústice *
all the dáys of our lífe in his présence.

As for yóu, little chíld, *

you shall be called a próphét of Gód, the Most Hígh.
You shall go ahead of the Lórd *
to prépare his wáys before him,

To make knówn to his péople their salvátion *
through forgiveness of áll their síns,
the loving-kíndness of the héart of our Gód *
who vísits us like the dáwn from on hígh.

He will give líght to those in dárkness, †
those who dwéll in the shádw of déath, *
and gúide us into the wáy of péace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Everyone who exalts himself will be humbled, and the man who humbles himself will be exalted. (Year C)

Or:

Listen, and understand these traditions which the Lord has given to you.

Prayers and intercessions

Let us thank our Saviour, who came into this world that God might be with us.

– *We praise you, O Lord, and we thank you.*

We welcome you with praise, you are the Daystar, the first fruits from the dead:

let us rise with you to walk in the light of Easter.

– *We praise you, O Lord, and we thank you.*

Help us on this day of rest to see goodness in all your creatures:

open our eyes and our hearts to your love in the world.

– *We praise you, O Lord, and we thank you.*

Lord, we meet around your table as your family:
help us to see that our bitterness is forgotten, our
discord is resolved, and our sins are forgiven.
– *We praise you, O Lord, and we thank you.*

We pray for all Christian families:
may your Spirit deepen their unity in faith and love.
– *We praise you, O Lord, and we thank you.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Father of might and power,
every good and perfect gift
comes down to us from you.
Implant in our hearts the love of your name,
increase our zeal for your service,
nourish what is good in us
and tend it with watchful care.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us
to everlasting life.
Amen.

Sunday 28 August 2022
22nd Sunday in Ordinary Time
Liturgical Colour: Green.

Mass

Entrance Antiphon: Cf. Ps 85: 3, 5

Have mercy on me, O Lord, for I cry to you all the day long.

*O Lord, you are good and forgiving,
full of mercy to all who call to you.*

The Liturgy of the Word

First reading:
Ecclesiasticus 3:19-21, 30-31

My son, be gentle in carrying out your business,
and you will be better loved than a lavish giver.
The greater you are, the more you should behave humbly,
and then you will find favour with the Lord;
for great though the power of the Lord is,
he accepts the homage of the humble.
There is no cure for the proud man's malady,
since an evil growth has taken root in him.
The heart of a sensible man will reflect on parables,
an attentive ear is the sage's dream.

The word of the Lord.

Responsorial Psalm
Psalm 67 (68): 4-7, 10-11

In your goodness, O God, you prepared a home for the poor.

The just shall rejoice at the presence of God,
they shall exult and dance for joy.
O sing to the Lord, make music to his name;
rejoice in the Lord, exult at his presence.

In your goodness, O God, you prepared a home for the poor.

Father of the orphan, defender of the widow,
such is God in his holy place.
God gives the lonely a home to live in;
he leads the prisoners forth into freedom:

In your goodness, O God, you prepared a home for the poor.

You poured down, O God, a generous rain:
when your people were starved you gave them new life.
It was there that your people found a home,
prepared in your goodness, O God, for the poor.

In your goodness, O God, you prepared a home for the poor.

**Second reading: Hebrews
12:18-19, 22-24**

What you have come to is nothing known to the senses: not a blazing fire, or a gloom turning to total darkness, or a storm; or trumpeting thunder or the great voice speaking which made everyone that heard it beg that no more should be said to them. But what you have come to is Mount Zion and the city of the living God, the heavenly Jerusalem where the millions of angels have gathered for the festival, with the whole Church in which everyone is a 'first-born son' and a citizen of heaven. You have come to God himself, the supreme Judge, and been placed with spirits of the saints who have been made perfect; and to Jesus, the mediator who brings a new covenant and a blood for purification which pleads more insistently than Abel's.

The word of the Lord.

Thanks be to God.

Gospel Acclamation: Jn14:23

Alleluia, alleluia!

*If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him.*

Alleluia!

Or:

Mt11:29

Alleluia, alleluia!

*Shoulder my yoke and learn from me,
says the Lord,
for I am gentle and humble in heart.*

Alleluia!

Gospel: Luke 14:1,7-14

On a sabbath day Jesus had gone for a meal to the house of one of the leading Pharisees; and they watched him closely. He then told the guests a parable, because he had noticed how they picked the places of honour. He said this, 'When someone invites you to a wedding feast, do not take your seat in the place of honour. A more distinguished person than you may have been invited, and the person who invited you both may come and say, "Give up your place to this man." And then, to your embarrassment, you would have to go and take the lowest place. No; when you are a guest, make your way to the lowest place and sit there, so that, when your host comes, he may say, "My friend, move up higher." In that way, everyone with you at the table will see you honoured. For everyone who exalts himself will be humbled, and the man who humbles himself will be exalted.'

Then he said to his host, 'When you give a lunch or a dinner, do not ask your friends, brothers, relations or rich neighbours, for fear they repay your courtesy by inviting

you in return. No; when you have a party, invite the poor, the crippled, the lame, the blind; that they cannot pay you back means that you are fortunate, because repayment will be made to you when the virtuous rise again.'

The Gospel of the Lord.

Sunday 28 August 2022

22nd Sunday in Ordinary Time

Vespers (Evening Prayer)

Vespers

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen. Alleluia.

Hymn

Holy God, we praise thy name;

Lord of all, we bow before thee!

All on earth thy sceptre own,

All in heaven above adore thee.

Infinite thy vast domain,

Everlasting is thy reign.

Hark! the loud celestial hymn,

Angel choirs above are raising;

Cherubim and seraphim,

In unceasing chorus praising,

Fill the heavens with sweet accord:

Holy, holy, holy, Lord.

Holy Father, holy Son,
Holy Spirit, three we name thee.
While in essence only one
Undivided God we claim thee;
And adoring bend the knee,
While we own the mystery.

Spare thy people, Lord, we pray,
By a thousand snares surrounded;
Keep us without sin today;
Never let us be confounded.
Lo, I put my trust in thee;
Never, Lord, abandon me.

Psalm 109 (110)

Christ the Lord is a priest for ever according to the order of Melchizedek. Alleluia.

The Lórd's revelátion to my Máster: †
'Sít on my right: *
your fóes I will pút beneath your féet.'

The Lórd will wíeld from Síon †
your scéptre of pówer: *
rúle in the mídst of all your fóes.

A prínce from the dáy of your bírth †
on the hóly móuntains; *
from the wómb before the dáwn I begót you.

The Lórd has sworn an óath he will not chánge. †
'You are a príest for éver, *
a príest like Melchízedeck of óld.'

The Máster stánding at your ríght hand *
will shatter kíngs in the dáy of his wráth.

He shall drínk from the stréam by the wáyside *
and thérefore he shall líft up his héad.

Glory be to the Father and to the Son
and to the Holy Spirit,

as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Christ the Lord is a priest for ever according to the order of Melchizedek. Alleluia.

Psalm 113B (115)

Our God is in heaven; he has power to do whatever he will. Alleluia.

Not to ús, Lórd, not to ús, *
but to yóur náme give the glóry
for the sáke of your lóve and your trúth, *
lest the héathen say: 'Whére is their Gód?'

But our Gód is ín the héavens; *
he dóes whatéver he wílls.
Their ídols are sílver and góld, *
the wórk of húman hánds.

They have móuths but they cánnót spéak; *
they have éyes but they cánnót sée;
they have éars but they cánnót héar; *
they have nóstrils but they cánnót sméll.

With their hánds they cánnót féel; †
with their féet they cánnót wálk. *
(No sóund cómes from their thróats.)
Their mákers will cóme to be líke them *
and so will áll who trúst in thém.

Sons of Ísrael, trúst in the Lórd; *
hé is their hélp and their shíeld.
Sons of Áaron, trúst in the Lórd; *
hé is their hélp and their shíeld.

You who féar him, trúst in the Lórd; *
hé is their hélp and their shíeld.
He remémbers us, and hé will bléss us; †
he will bléss the sóns of Ísrael. *

(He will bless the sons of Áaron.)

The Lord will bless those who fear him, *
the little no less than the great:
to you may the Lord grant increase, *
to you and all your children.

May you be blessed by the Lord, *
the maker of heaven and earth.
The heavens belong to the Lord *
but the earth he has given to men.

The dead shall not praise the Lord, *
nor those who go down into the silence.
But we who live bless the Lord *
now and for ever. Amen.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Our God is in heaven; he has power to do whatever he will. Alleluia.

Canticle: (Apocalypse 19)

Praise God, all you his servants, both great and small.
Alleluia.

Alleluia.
Salvation and glory and power belong to our God, *
his judgements are true and just.
Alleluia.

Alleluia.
Praise our God, all you his servants, *
you who fear him, small and great.
Alleluia.

Alleluia.
The Lord our God, the Almighty, reigns, *

let us rejoice and exult and give him the glory.
Alleluia.

Alleluia.
The marriage of the Lamb has come, *
and his bride has made herself ready.
Alleluia.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Praise God, all you his servants, both great and small.
Alleluia.

Short Reading: 2 Thessalonians 2:13-14

We feel that we must be continually thanking God for you, brothers whom the Lord loves, because God chose you from the beginning to be saved by the sanctifying Spirit and by faith in the truth. Through the Good News that we brought he called you to this so that you should share the glory of our Lord Jesus Christ.

Short Responsory

Great is our Lord; great is his might.
– *Great is our Lord; great is his might.*

His wisdom can never be measured.
– *Great is our Lord; great is his might.*

Glory be to the Father and to the Son and to the Holy Spirit.
– *Great is our Lord; great is his might.*

Canticle: Magnificat

When you have a party, invite the poor, the crippled, the lame, the blind; that they cannot pay you back means that you are fortunate, because repayment will be made to you when the virtuous rise again. (Year C)

Or:

When you are invited to a marriage feast sit in the lowest place, so that the one who invited you can say to you, 'Friend, take a higher place.' Then everyone with you at table will see you honoured. Alleluia.

My soul glórífies the Lórd, *
my spirit rejóices in Gód, my Sáviour.
He looks on his sérvant in her lówliness; *
henceforth all áges will cáll me bléssed.

The Almíghty works márvels for me. *
Hóly his náme!
His mércy is from age to áge, *
on thóse who féar him.

He púts forth his árm in stréngth *
and scátters the proud-héarted.
He casts the míghty from their thrónes *
and ráises the lówly.

He fills the stárving with good thíngs, *
sends the rích away émpy.

He protects Ísrael, his sérvant, *
remémbering his mércy,
the mércy prómised to our fáthers, *
to Ábraham and his sóns for éver.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

When you have a party, invite the poor, the crippled, the lame, the blind; that they cannot pay you back means that you are fortunate, because repayment will be made to you when the virtuous rise again. (Year C)

Or: When you are invited to a marriage feast sit in the lowest place, so that the one who invited you can say to you, 'Friend, take a higher place.' Then everyone with you at table will see you honoured. Alleluia.

Prayers and intercessions

Through the gospel, the Lord Jesus calls us to share in his glory. Let us make our prayer with him to our heavenly Father.

– *Lord, in your mercy hear our prayer.*

We pray for all nations:

that they may seek the way that leads to peace, that human rights and freedom may be everywhere respected, and that the world's resources may be generously shared.

– *Lord, in your mercy hear our prayer.*

We pray for the Church:

that her leaders may be faithful ministers of your word, that all her members may be strong in faith and hope and that you may be recognized in the love she bears to all.

– *Lord, in your mercy hear our prayer.*

We pray for our families, and the community in which we live:

that we may find you in them.

– *Lord, in your mercy hear our prayer.*

We pray for ourselves:

that in the coming week we may serve others in our work, and find peace when we rest.

– *Lord, in your mercy hear our prayer.*

We pray for the faithful departed:

that through your mercy they may rest in peace.

– *Lord, in your mercy hear our prayer.*

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Father of might and power,
every good and perfect gift
comes down to us from you.
Implant in our hearts the love of your name,
increase our zeal for your service,
nourish what is good in us
and tend it with watchful care.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit,
God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us
to everlasting life.
Amen.

Monday 29 August 2022

The Beheading of Saint John the Baptist
on Monday of week 22 in Ordinary Time

Lauds

O God, come to our aid.
O Lord, make haste to help us.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen. Alleluia.

Hymn

God called great prophets to foretell
the coming of his Son.
The greatest, called before his birth,
was John, the chosen one.

His life was filled with joy and hope;
he knew he must decrease,
and that we must prepare a place
where Jesus may increase.

John searched in solitude for Christ
and knew him when he came.
He showed the world the Lamb of God
and hailed him in our name.

That lonely voice cried out the truth
Derided and denied.
As witness to the law of God
His mighty martyr died.

We praise you, Trinity in One,

the light of unknown ways,
the hope of all who search for you
whose love fills all our days.

Stanbrook Abbey Hymnal

Psalm 62 (63)

*The Lord stretched out his hand and touched my mouth,
and set me up as a prophet for the peoples.*

O Gód, you are my Gód, for you I lóng; *
for yóu my sóul is thírsting.
My bódý pínes for yóu *
like a drý, weary lánd without wáter.
So I gáze on yóu in the sánctuary *
to sée your stréngth and your glóry.

For your lóve is bétter than life, *
my líps will spéak your práise.
So I will bléss you áll my life, *
in your náme I will lift up my hánds.
My sóul shall be filled as with a bándquet, *
my móuth shall práise you with jóy.

On my béd I remémber yóu. *
On yóu I múse through the níght
for yóu have béen my hélp; *
in the sháadow of your wíngs I rejoyce.
My sóul clíngs to yóu; *
your ríght hand hólds me fást.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

*The Lord stretched out his hand and touched my mouth,
and set me up as a prophet for the peoples.*

Canticle: Daniel 3:57-88,56

*Herod feared John, who was a virtuous and holy man,
and he had him put in prison.*

O all you works of the Lord, O bless the Lord. *
To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord. *
To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord. *
And you, clouds of the sky, O bless the Lord.
And you, all armies of the Lord, O bless the Lord. *
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord. *
And you, the stars of the heavens, O bless the Lord.
And you, showers and rain, O bless the Lord. *
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord. *
And you, fire and heat, O bless the Lord.
And you, cold and heat, O bless the Lord. *
To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord. *
And you, frosts and cold, O bless the Lord.
And you, frost and snow, O bless the Lord. *
To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord. *
And you, darkness and light, O bless the Lord.
And you, lightning and clouds, O bless the Lord. *
To him be highest glory and praise for ever.

O let the earth bless the Lord. *
To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord. *
And you, all plants of the earth, O bless the Lord.
And you, fountains and springs, O bless the Lord. *
To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord. *
And you, creatures of the sea, O bless the Lord.
And you, every bird in the sky, O bless the Lord. †
And you, wild beasts and tame, O bless the Lord. *
To him be highest glory and praise for ever.

And you, children of men, O bless the Lord. *
To him be highest glory and praise for ever.

O Israel, bless the Lord, O bless the Lord. *
And you, priests of the Lord, O bless the Lord.
And you, servants of the Lord, O bless the Lord. *
To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord. *
And you, holy and humble of heart, O bless the Lord.
Ananias, Azarias, Mizael, O bless the Lord. *
To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit: *
To you be highest glory and praise for ever.
May you be blessed, O Lord, in the heavens: *
To you be highest glory and praise for ever.

*Herod feared John, who was a virtuous and holy man,
and he had him put in prison.*

Psalm 149

*Herod listened to John, and when he had heard him he
did many things.*

Síng a new sǒng to the Lórd, *
his práise in the assémbly of the fáithful.
Let Ísraél rejóice in its Máker, *
let Síon's sons exúlt in their kíng.
Let them práise his náme with dáncing *
and make músic with tímbrel and hárp.

For the Lórd takes delíght in his péople. *
He crówns the póor with salvátion.
Let the fáithful rejóice in their glóry, *

shout for j́oy and táke their rést.
Let the práise of Gód be on their líps *
and a twó-edged swórd in their hánd,

to déal out véngeance to the nátions *
and púnishment on áll the péoples;
to bínd their ḱings in cháins *
and their nóbles in fétters of íron;
to cárry out the séntence pre-ordáined: *
this hónour is for áll his fáithful.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

Herod listened to John, and when he had heard him he did many things.

Short Reading: Isaiah 49:1-2

The Lord called me before I was born, from my mother's womb he pronounced my name. He made my mouth a sharp sword, and hid me in the shadow of his hand. He made me into a sharpened arrow, and concealed me in his quiver.

Short Responsory

You sent to John and he gave testimony to the truth.
– *You sent to John and he gave testimony to the truth.*

He was like a bright shining light.
– *You sent to John and he gave testimony to the truth.*

Glory be to the Father and to the Son and to the Holy Spirit.
– *You sent to John and he gave testimony to the truth.*

Canticle: Benedictus

The friend of the bridegroom, who stands and listens for him, rejoices greatly when he hears the voice of the bridegroom: therefore my joy is now complete.

Bléssed be the Lórd, the Gód of Ísrael! *
He has vísited his péople and redéemed them.

He has raised úp for ús a mighty sáviour *
in the hóuse of Dávid his sérvant,
as he prómised by the líps of holy mén, *
thóse who were his próphets from of óld.

A sáviour who would frée us from our fóes, *
from the hánds of áll who háte us.
So his lóve for our fáthers is fulfilled *
and his hóly covenant remémbered.

He swóre to Ábraham our fáther to gránt us, *
that frée from féar, and sáved from the hánds of our fóes,
we might sérve him in hóliness and jústice *
all the dáys of our life in his présence.

As for yóu, little chíld, *
you shall be cálléd a próphét of Gód, the Most Hígh.
You shall go ahead of the Lórd *
to prépare his wáys befóre him,

To make knówn to his péople their salvátion *
through forgiveness of áll their síns,
the loving-kíndness of the héart of our Gód *
who vísits us like the dáwn from on hígh.

He will give líght to those in dárkness, †
those who dwéll in the shádw of déath, *
and gúide us into the wáy of péace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The friend of the bridegroom, who stands and listens for him, rejoices greatly when he hears the voice of the bridegroom: therefore my joy is now complete.

Prayers and intercessions

Let us make our prayer to Christ who sent John before him to prepare his way:

– *Lord, prepare us for your coming.*

John leaped in the womb of Elizabeth as she met your mother:

Lord, make us always glad to welcome your coming.

– *Lord, prepare us for your coming.*

John showed in his life what he preached by his words:

give us the courage to practise what we preach.

– *Lord, prepare us for your coming.*

John baptized you in the Jordan and the Spirit of justice rested upon you:

help us, Lord, to work for a world of justice.

– *Lord, prepare us for your coming.*

Lord, you called men to preach your word:

send heralds to carry the gospel to the world.

– *Lord, prepare us for your coming.*

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

God our Father,

you appointed St John the Baptist

to be the herald of the birth and death of Christ your Son.

Grant that as he died a martyr for justice and truth,
so we also may courageously bear witness to your word.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.
Amen.

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

Monday 29 August 2022

The Beheading of Saint John the Baptist
on Monday of week 22 in Ordinary Time
Liturgical Colour: Red.

Mass

**Entrance Antiphon: Cf. Ps 118:
46-47**

*I spoke, O Lord, of your decrees before kings,
and was not confounded;
I pondered your commands and loved them greatly.*

First reading: 1 Corinthians 2:1-5

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge

I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

The word of the Lord.

Responsorial Psalm
Psalm 118 (119) : 97-102

Lord, how I love your law!

Lord, how I love your law!
It is ever in my mind.
Your command makes me wiser than my foes;
for it is mine for ever.

Lord, how I love your law!

I have more insight than all who teach me
for I ponder your will.
I have more understanding than the old
for I keep your precepts.

Lord, how I love your law!

I turn my feet from evil paths
to obey your word.
I have not turned from your decrees;
you yourself have taught me.

Lord, how I love your law!

Gospel Acclamation: Mt5:10

Alleluia, alleluia!
Happy those who are persecuted
in the cause of right,
for theirs is the kingdom of heaven.
Alleluia!

Gospel: Mark 6:17-29

The beheading of John the Baptist

Herod sent to have John arrested, and had him chained up in prison because of Herodias, his brother Philip's wife whom he had married. For John had told Herod, 'It is against the law for you to have your brother's wife.' As for Herodias, she was furious with him and wanted to kill him; but she was not able to, because Herod was afraid of John, knowing him to be a good and holy man, and gave him his protection. When he had heard him speak he was greatly perplexed, and yet he liked to listen to him.

An opportunity came on Herod's birthday when he gave a banquet for the nobles of his court, for his army officers and for the leading figures in Galilee. When the daughter of this same Herodias came in and danced, she delighted Herod and his guests; so the king said to the girl, 'Ask me anything you like and I will give it you.' And he swore her an oath, 'I will give you anything you ask, even half my kingdom.' She went out and said to her mother, 'What shall I ask for?' She replied, 'The head of John the Baptist.' The girl hurried straight back to the king and made her request, 'I want you to give me John the Baptist's head, here and now, on a dish.' The king was deeply distressed but, thinking of the oaths he had sworn and of his guests, he was reluctant to break his word to her. So the king at once sent one of the bodyguard with orders to bring John's head. The man went off and beheaded him in prison; then he brought the head on a dish and gave it to the girl, and the girl gave it to her mother. When John's disciples heard about this, they came and took his body and laid it in a tomb.

The Gospel of the Lord.

All reply:

Praise to you, Lord Jesus Christ.

Communion Antiphon: Jn 3:27,30

John answered and said:

He must increase; but I must decrease.