



In my 20s, **searching for “more” of God**, I experienced **God’s infinite, unconditional love**, and knew that I was called **not just to love back, but to love widely**.

**The Society of the Sacred Heart** is where I can find that “more”, in daily life, **prayer and contemplation**, and where I am constantly **called and challenged** to love, and love more.

That’s at the core of our charism – **to know and make known the love of the Heart of Jesus**. We do this as **educators, counsellors, carers and youth workers**; in parishes, projects, retreat centres; with refugees, students, trafficked women, adult learners... but always done with the hearts of educators, helping people grow, develop, **find their true worth** – and above all, to know how much they are loved.

It’s amazing, heart-widening and such a source of deep joy.

