A lot of people ask me, ‘why are you a religious sister?’

I was looking for a group of people who **embrace the world** with all its **joys and sorrows** and are **not afraid to 'live fully'.**

I was looking for **Ignatian women whose lives are rooted in God** and whose work is a **continuation of Jesus' mission**, a place where I could use the gifts God has **given me** for God's kingdom. The life of a **Faithful Companion of Jesus** is about a personal relationship with Jesus, allowing that relationship to change you and direct every part of your life.

We are women from all parts of the world seeking, through prayer, ministry and community life, to find God in the everyday situations of life, and seek to respond to the thirst of Jesus for all to **‘have life and have it to the full’**. Our work takes us to different places, to the poor and to the rich, to the young and to the old, to schools, hospitals and retreat centres, to extraordinary situations and to the very mundane.

... We are called to be companions to all those we meet.

It is here that we encounter God’s love for all.