

*If anyone would like to offer a prayer intention, please do so ...  
... Lord, hear our prayer.*

**We pray together the Lord's Prayer, *Our Father...***

**Final Prayer** (5 mins)

**As our time of prayer together comes to an end we say together.....**

*If the Blessed Sacrament IS exposed*

Lord Jesus, thank you for this time we have spent in your presence. We thank you for revealing to us in a new way your mercy and love. As we leave now, help us in turn to show that healing love to others. Confident that you always hear us we place our prayer before you. Amen

*If the Blessed Sacrament is NOT exposed*

Loving Father, thank you for this time we have spent in your presence. We thank you for revealing to us in a new way your mercy and love. As we leave now, help us in turn to show that healing love to others. We make our prayer through Jesus Christ our Lord. Amen

**Final Hymn (Optional)**

**A Gospel reading to take home with you for further reflection and prayer**

'The tax collectors and the sinners, meanwhile, were all seeking his company to hear what he had to say, and the Pharisees and the scribes complained. "This man" they said "welcomes sinners and eats with them". So he spoke this parable to them: "What man among you with a hundred sheep, losing one, would not leave the ninety-nine in the wilderness and go after the missing one till he found it? And when he found it would he not joyfully take it on his shoulders and then when he got home, call together his friends and neighbours?" "Rejoice with me," he would say "I have found my sheep that was lost". "In the same way, I tell you there will be more rejoicing in heaven over one repentant sinner than over ninety-nine virtuous men who have no need of repentance"'.  
**Luke 15: 1 - 7**

# Seeking the Father's Forgiveness A Holy Hour

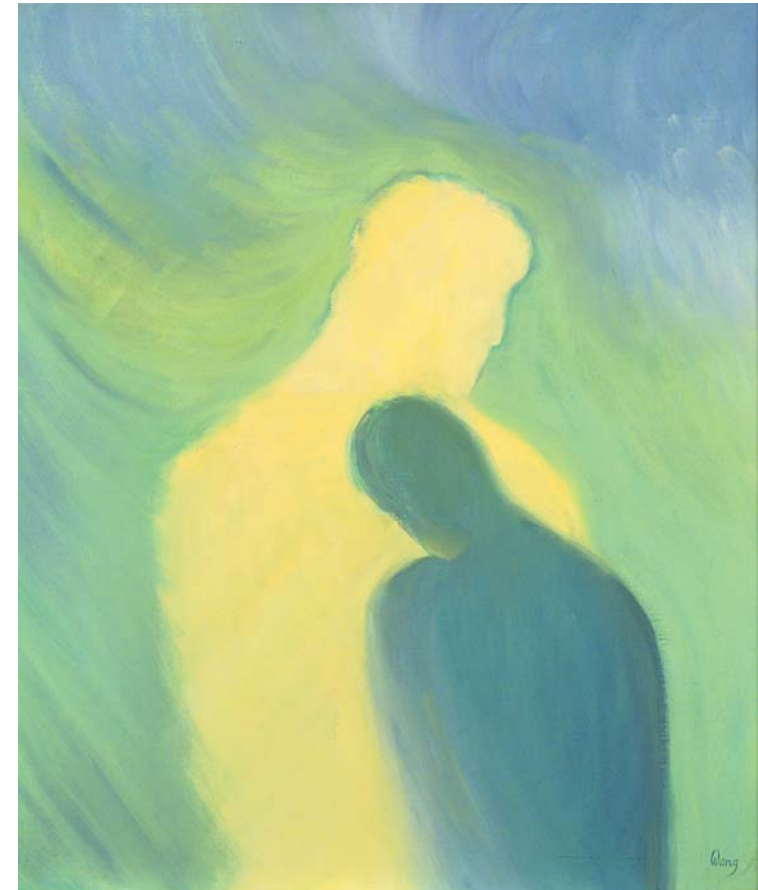


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*Called into God's wonderful light*



**CASE**

**Enthusing, Engaging,  
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**Booklet Three**

**Holy Hour Three**  
**Seeking the Father's Forgiveness**

**Prayer focus: Tonight's theme concentrates on the merciful love God has for us. Time and again we sin but God calls us back - searches us out, always forgives us and rejoices when we turn towards him with contrite hearts.**

**Hymns you could use:**

Abide with me; Amazing Grace; Awake from your slumber (City of God); Be still and know that I am God; Be still for the presence of the Lord; Blest be the Lord; Come back to Me; Come to me, all who labour; Dear Lord and Father; Do not be afraid; Dona nobis pacem; Father I place into your hands; Forgive our sins, as we forgive; In the abundance of your compassion; In your love remember me; It's me, it's me; Just as I am; My song is love unknown; O wash me; Oh healing river; Turn to me.

**Welcome and introduction (3 mins)**

**Hymn or music (3 mins)**

**Scripture reading Hosea 14: 2-5 (2 mins)**

*Israel, come back to your God*

**PAUSE (1 min)**

**Reflection (3 mins)**

**(Pause after every point)**

- Lord, thank you for the words of scripture we have just heard.
- Thank you for calling each one of us this day back to you with the promise of making us whole.
- Lord, we know and we believe that you love us and are longing to forgive us of all our failings.
- In this moment, we ask for the grace to be able to bring to you all the things that lie heavy on our hearts and are in need of forgiveness and healing.

**Silent prayer (5 mins)**

In the silence, let's now ask the Lord for the grace to bring to him the things that lie heavy on our hearts and our need of forgiveness and healing.

**Scripture reading Psalm 51:1-7 (2 mins)**

*Have mercy on me, God*

**PAUSE (1 min)**

**Reflection (2 mins)**

**(Pause after every point)**

- Lord, we come before you seeking your mercy. In your great goodness wipe away our faults.
- We desire Lord to be purified and to become from the inside out, whiter than snow.
- In these next few moments of silence, heal us and make us pure again and radiant bearers of your love.

**Silent prayer (5 mins)**

**Hymn (3 mins)**

**Gospel reading Luke 15: 1-7 (3 mins)**

*The lost sheep*

**PAUSE (1 min)**

**Reflection (2 mins)**

**(Pause after every point)**

- Lord, we run to you with open arms confident of your mercy and unfailing love.
- We seek and believe in the Father's mercy and that you will always seek us out when we are lost.
- In the silence, let us picture ourselves resting in the loving arms of God our merciful Father.

**Silent prayer (10 – 15 mins)**

**Litany of praise and intercession (4 mins)**

Loving Father, we thank you for your unending love and mercy towards us,

**Father, we praise and thank you for your love.**

Thank you for searching for us when we are lost,

**Father, we praise and thank you for your love.**

Thank you for always being with us, even when we cannot feel your presence,

**Father, we praise and thank you for your love.**

Thank you for this gift, the sacrament of reconciliation,

**Father, we praise and thank you for your love.**

Lord, we ask you for every blessing on our family and friends,

**Lord hear our prayer.**

Lord, we bring before you all the needs of our parish and Church,

**Lord hear our prayer.**

Lord, we pray for vocations to the priesthood, diaconate and consecrated life,

**Lord, hear our prayer.**

Lord, we ask you to bless all those you call to married life and all lay single people in their daily lives and commitments,

**Lord, hear our prayer.**

Lord, we ask for the grace to become your evangelising witnesses in thought, word and action,

**Lord, hear our prayer.**